



PRE-OPERATIVE APPOINTMENTS

Pre-operative appointments typically consist of a History & Physical by a registered nurse. You may also need other tests or consultations based on your medical condition (ie; cardiologist). This will be determined by your physician, as will the need for any new spine films, scans, or discograms. You will be instructed regarding the test you need to have completed. These generally will be routine laboratory tests. An EKG will be done if you are over 40 years of age. If under 40, your physician will decide if this test is necessary. If you have had an EKG within 30 days prior to your surgery, please bring these results and any other recent medical test results with you.

It is advantageous to accomplish these pre-operative appointments earlier than later.

Your surgeon will explain fully and thoroughly to you and your family all of the risks and complications associated with the type of surgery to be performed. At the time of your preoperative appointments, you will be asked to sign an “Informed Consent” to demonstrate that you understand and consent to the procedure.